

## Sacrocolpopexy Consent

**Please read and initial each statement to show that you have read and understand the sacrocolpopexy procedure.**

The following has been explained to me and I understand and agree that:

\_\_\_\_\_ I have undergone examination and testing done to prove that I have pelvic organ prolapse.

\_\_\_\_\_ There are risks with any procedure and these risks include, but are not limited to, bleeding, infection, injury to blood vessels or nerves, puncture of the bladder, organ injury, including injury to the rectum/bowel, injury to the ureters, grafting failure, and erosion of the graft material into surrounding organs. I also understand that there is no guarantee this procedure will completely resolve my pelvic organ prolapse.

\_\_\_\_\_ Infection is rare. However, if it happens and left untreated, it can be life threatening. Antibiotics will be needed. I understand that I will need to take all drugs as prescribed if infection occurs.

\_\_\_\_\_ During the procedure small cuts will be made in my groin, vaginal and/or abdominal area. I understand that there is a small risk that my bladder may be punctured when the needle is passed. I also understand that this may result in some discomfort and take a while to heal completely. Typically, a catheter is required for 1-2 days, but up to 7 days.

\_\_\_\_\_ The procedure will be performed with use of the da Vinci machine, a minimally invasive, robotically-assisted surgical tool.

\_\_\_\_\_ Anesthesia will be needed. I understand that with any anesthetic there is a chance of having a drug reaction. I will discuss the type of anesthesia and risks with the anesthesiologist prior to the procedure.

\_\_\_\_\_ Routine physical activity may be limited for a short time after having the sacrocolpopexy. Strenuous activity may be restricted for 12 weeks following the procedure.

\_\_\_\_\_ To ensure proper healing, I further understand that I should not have any sexual activity for 6 weeks.

\_\_\_\_\_ Having a sacrocolpopexy performed does not guarantee a 100% resolution. While most women will no longer suffer from pelvic organ prolapse, some women only get minimal improvement.

\_\_\_\_\_ I understand that the graft material is a polypropylene mesh which is a foreign material in my body. There is a small possibility of erosion or extrusion of this material into the vagina, bowel, or other areas of the body. This could require further surgery for removal and repair.

\_\_\_\_\_ There is a risk of back pain, discitis, and having to have surgery to correct this.

\_\_\_\_\_ The benefit for having this procedure is to reduce and possibly eliminate pelvic organ prolapse.

\_\_\_\_\_ Alternatives such as physical therapy, pessaries, and other surgeries are available to me and have been discussed with Dr. Khan.

I have read the above consent and have had all my questions answered.

I consent to have my sacrocolpopexy procedure performed by Dr. Fareesa Khan.

Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date/Time: \_\_\_\_\_

Witness: \_\_\_\_\_